

CLUB CALL				
Club Name	Sport	Active Westminster Clubmark	Contact	Contact Details
London Pioneers	Basketball	Y	Bill Gilbert	info@londonpioneers.com or bil2@mac.com
Westminster Warriors	Basketball	Y	Alison Phillips	westminsterwarriors@hotmail.com
Zumba Sandra	Dance/fitness		Sandra DaCosta	07732 011 963 Sansdc2001@yahoo.co.uk
Scimitar Fencing	Fencing		Ian Williams	07894 908 211
Samba Soccer	Football/Futsal	Y	Richard Boswell	07905 198 807 sambastreetssocceruk05@yahoo.co.uk
Queens Park Rangers FC	Football/Multisports	Y	Marino Chevannes	community@qpr.co.uk
Polonia Ladies Volleyball Club	Volleyball/Beach Volleyball	Y	Mark Kontopoulos	markonto@yahoo.com
London Tigers	Football	Y	Jawar Ali	020 7289 3395 jawar@londontigers.org
Open Age	50+ activities	Y	Helen Leech	020 8964 1900 hleech@openage.org
SportWestminster	Multisports	Y	Ryan Denys	020 7871 3042 ryan.denys@sportwestminster.org
KICKZ Arsenal in the Community	Football	Y	Jamie Monteith	jmonteith@arsenal.co.uk
Westminster Gymnastics Club	Gymnastics	Y	Nick Gillingham	07981 568 442 westminstergym@aol.com
Sport London e Benfica	Football	Y	Jose Viana	info@sportlondonebenficafc.co.uk
Shotokan Fitness	Karate		Sensi Ylli	07909 581 673 senseiylli@yahoo.co.uk
Martial Arts Club	Choi Kwang-Do		Richard Spencer	07956 224 827 www.choikwangdo.com
Kyu Yo Bu Shin	Martial Arts, Cycling, Running	Y	Mary Amayo	kyu.yobushin@btopenworld.com
Parkour Generations	Parkour (Free running)	Y	Dan Edwards	contact@parkourgenerations.com